



2010 Living Well Annual Forum

What: The 5th Annual Living Well Forum is a gathering of individuals and organizations involved in chronic disease self-management in Oregon. This event allows for networking, skills building, and an opportunity to learn about best practices for implementation of Living Well, Tomando Control, and the Positive Self-Management Program.

The Living Well Network, which will meet on May 7 after the Forum, is a statewide group whose goal is to promote the expansion, implementation, coordination and sustainability of quality Living Well programs statewide.

Detailed agendas for the Living Well Forum and Living Well Network meeting will be available soon.

When: The Living Well Forum will take place on Thursday, May 6, 2010 from 8 am-4 pm. The Living Well Network annual in person meeting will take place on Friday, May 7, 2010 from 8 am-2 pm.

Where: Best Western Agate Beach Inn, 3019 North Coast Highway, Newport

Who should come: Living Well, Tomando Control, and Positive Self-Management Program Leaders, Master Trainers, program coordinators, Healthy Communities County Coordinators, and staff and volunteers from partner organizations such as Area Agencies on Aging, local health departments, Veterans' Administration, community-based organizations, faith-based organizations, and others.

Details: Hotel rooms will be provided for all participants traveling 70 miles or more to Newport. In addition, the State Unit on Aging has Administration on Aging grant funds to provide mileage reimbursement for up to two participants from any interested Area Agencies on Aging and Tribe. Please contact Jennifer Mead at Jennifer.mead@state.or.us by April 15 if you plan to request mileage reimbursement (mileage reimbursement forms will be provided at the Forum).

Register: For more information on the Forum, and to register, go to www.healthoregon.org/livingwell and click on the Living Well Annual Forum link (or go directly to <http://oregon.gov/DHS/ph/livingwell/lw-forum.shtml>)